



Kay Freer-Burns

AD.DIP.COUN. MBACP (Accred)

Volterra

Cockwells

Penzance

TR20 8DB



Person-Centred
Counselling &
Supervision

COUNSELLING AGREEMENT

- An initial (free) meeting with a potential client is 30 minutes.
- Thereafter sessions will be an hour long.
- After an agreed period of sessions (generally 6) a review of the client's needs in terms of further sessions or ending counselling can be made.
- Clients do not have to complete 6 sessions of counselling if it is not appropriate for them.
- Confidentiality is vital to the counselling relationship, and will only be breached if the client discloses a situation where he / she or others may be at risk of harm.
- I have regular supervision, where I raise any issues I have surrounding client work. You or your issues may be referred to in these confidential sessions.
- I abide by the B.A.C.P. Code of Ethics.
- I operate a 'sliding scale' in relation to fees (INDIVIDUAL £25 - £50, COUPLES £35 - £65), and I will discuss with you to agree a mutually acceptable rate.
- A cancellation fee of 50% or the normal fee will become payable if cancellation is made within 24 hours of the appointment.

Agreeing a contract may seem a little official and impersonal, but boundaries such as those above can help to establish a firm framework within which to work; protecting both the client and the counsellor from unclear and muddled situations arising from not formalising an agreement.

If you are in agreement with the above contract, kindly sign where indicated.

Date: _____ Name: _____

Contact Details: _____

G.P. Contact Details: _____

Current relevant medication taken: _____

Agreed Fee: _____ Cancellation Fee: _____

Signature: _____ Counsellor's Signature _____